

Barriers to Participation in Sport

- Limited time available to participate
- Cost of participation
- Lack of provision or accessibility
- Discrimination



Groups who Experience Barriers to Participation

- Carers
- People with Family Commitments
- Gender
- Retired People/Over 60s
- Teenagers
- Parents (Singles or Couples)
- Ethnic Groups
- People Who Work
- People with Disabilities
- Families with Children
- Young Children
- Unemployed/Economically Disadvantaged



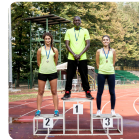
TOPIC AREA 1

Popularity of Sports in the UK depends upon....

Environment
The lack of optimal conditions can reduce participation

Provision of Facilities
In towns and cities there are more facilities available than in small villages

Spectatorship
A sport will become more popular if there are opportunities to spectate live or on TV.



Success
If an individual or team are successful at an event such as the Olympics, the sport will grow in popularity

Media Coverage
Some sports get more media coverage than others

Social Acceptability
Not all sports are seen as ethically acceptable

The Number of People Participating
Sports with high numbers of participants will get lots of media coverage and grow even further

Role Models
Role models, who are highlighted in the media, can increase the number of people wanting to participate in a certain sport

Emerging Sports in the UK



Women's Football



Ultimate Frisbee



Women's Cricket

Improving Participation in Sport

- Provision** → The availability of sport
- Promotion** → The advertising and marketing of sports
- Access** → The accessibility of sport to all people in society



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Values Promoted Through Sport

- Team Spirit
- Fair Play
- Inclusion
- Citizenship
- Tolerance & Respect
- National Pride
- Excellence



The Olympic Values

Respect – Excellence – Friendship

The Paralympic Values:

Courage – Determination – Inspiration – Equality



TOPIC AREA 2

Etiquette: 'The customary code of polite behaviour in society or within sport'

Sportsmanship refers to fair and generous behaviour, particularly in a sporting context.

Clapping an opponent when they reach 50 runs in cricket



Shaking hands at the end of a match in football



Gamesmanship is the use of dubious methods to win or gain an advantage within a sport.

Deliberately grunting loudly in tennis



Disadvantages of taking PEDs

- Cheating /Immoral
- Illegal
- Health Risks
- Fines/Bans
- Reputational Damage



Reasons for taking PEDs

- Wealth/financial reward
- Pressure to succeed
- Need to win at any cost
- Increased chance of gaining sponsorship
- Level the playing field
- Boost confidence

