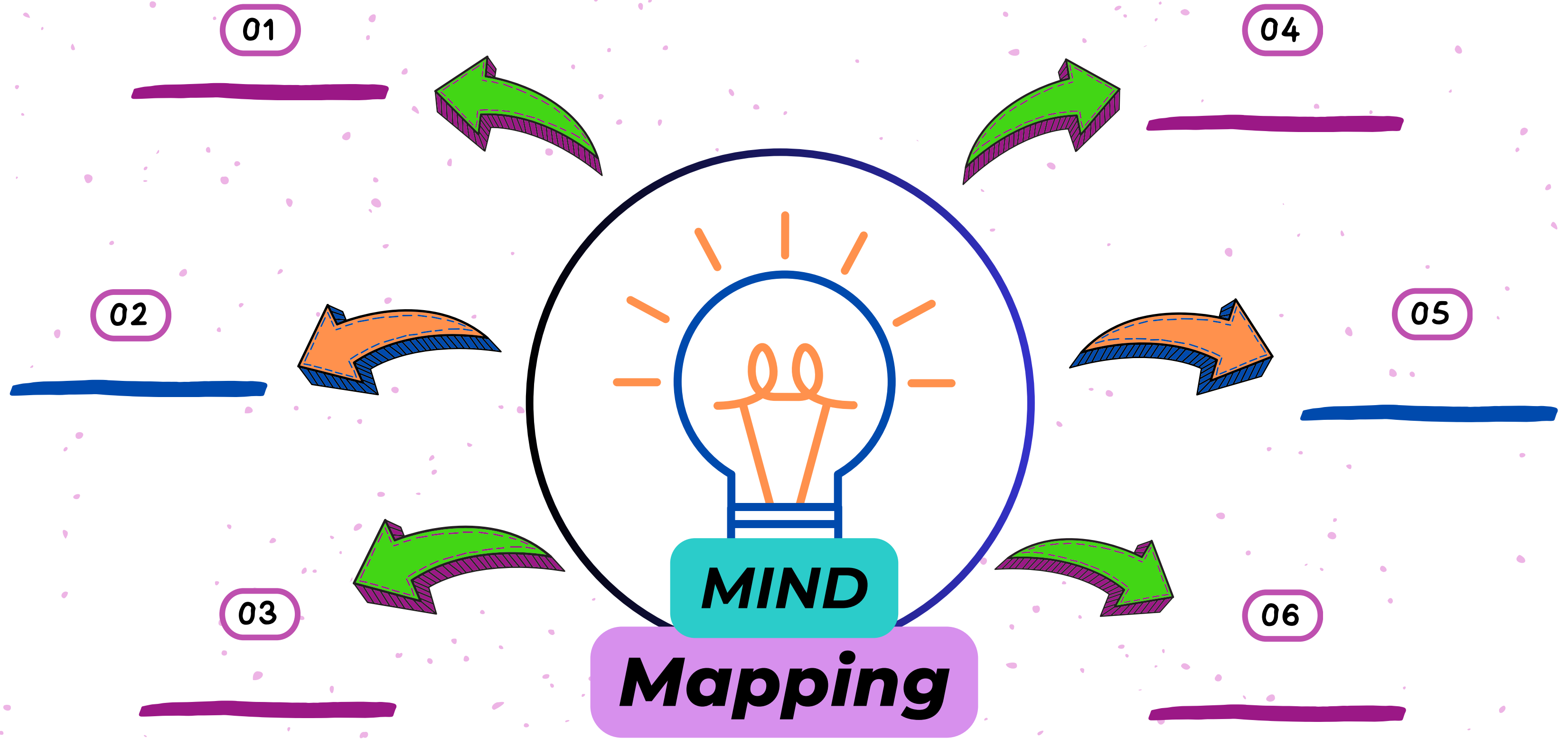


# METACOGNITION MOMENT



*Use this as a Metacognition Framework*