

Sport Videos

With things as they are and social distancing still in full effect, the hardest struggle sometimes is to do school work at home knowing you have the distractions of Netflix, amazon prime, etc. Thanks to your good friends in PE, you can now do both! Below are a few sporting series, documentaries, biopics and programmes which you can watch. These will hopefully improve your knowledge and appreciation for not only the practical side of sport, but the many other sides of sport including coaching, media and sport development just to name a few. If you are currently studying sports studies, some of these will help you to further improve your knowledge in certain modules.

Please note the following:

*This is not a definitive list; many of these websites contain far more documentaries, films and biopics that you are more than welcome to delve into.

**Amazon prime and Netflix are subscription only-websites. Those from BBC, ITV, C4 and C5 require an account setting up, however these are free.

***There are a number of additional brilliant sporting documentaries on Netflix which focus on a range of sports, such as “Last chance U”, “Counter Punch”, “Cricket Fever – Mumbai Indians”, “Katie” and “The Last Dance” however these are 15 rated and therefore I cannot endorse you watching these.

****Programmes are correct at the time of this list being compiled. Some of the websites will take off these programmes and add from time to time, so be aware that some won't be available forever.

Football

Playing to the Whistle - Anyone can play football, but could you referee a game? Watch this to see it's not as easy as it looks. You don't know what you're doing!

<https://www.bbc.co.uk/iplayer/episode/m000f8q8/playing-to-the-whistle>

Interview into the life of Cristiano Ronaldo –

<https://www.itv.com/hub/cristiano-ronaldo-meets-piers-morgan/2a7810a0001>

Roy Keane and Patrick Vieira talking about their battles against each other during the 90's and 00's. Two deeply passionate footballers who left everything on the pitch to become winners.

<https://www.itv.com/hub/keane-and-vieira-best-of-enemies/2a2822a0001>

Out of Their Skin – This 2-part series gives a little insight to the history of black footballers in Britain and the path black players have had to walk to get to where we are today. Please be aware that some of the language used in this may upset or offend so caution is advised.

<https://www.itv.com/hub/out-of-their-skin/2a5475>

Shame in the game - This programme also focuses on racism in football, but more so in the current times and instead focuses on all levels of the football pyramid. <https://www.bbc.co.uk/iplayer/episode/p081mk0x/shame-in-the-game-racism-in-football> Again, please be aware of any offensive or upsetting language that may be used.

All or nothing: Man City – An in-depth look into Man City's 2018 title winning run. Look behind the scenes and see the real effort that goes into success.

https://www.amazon.co.uk/gp/video/detail/B07GCTPJ3W/ref=atv_me_spo_c_vHa2fW_brws_4_3

The class of '92 – A documentary on 6 Manchester united youth team players who as friends would go on to achieve all there is to achieve in the English game. Those players were David Beckham, Ryan Giggs, Paul Scholes, Nicky Butt, Gary Neville and Phillip Neville.

https://www.amazon.co.uk/gp/video/detail/B082YK8JGT/ref=atv_me_spo_c_Py2x4J_brws_8_4

In 2019, the lionesses put women's football on the front page of the newspaper with their courageous run to the world cup semi-final. This is that run.

<https://www.bbc.co.uk/iplayer/episode/m000csdy/fifa-womens-world-cup-2019-the-lionesses-summer>

Get Shirty – The origin story of the replica football shirt. How football shirts went from telling two teams apart, to becoming a multi-billion-pound worldwide business. <https://www.itv.com/hub/get-shirty/2a4732a0001>

Basketball

Coach Carter – Basketball coach puts academic performance before undefeated streaks based on hard work and discipline. A great story on how the characteristics needed to be a successful basketball player can be transferred into everyday life to make a successful person.

https://www.netflix.com/watch/70019004?trackId=253788158&tctx=2%2C5%2Cf1afd0e3-2459-426d-ae2f-c812d3c55e62-215415323%2C4968ab40-2f04-4eb6-9163-9738969974d2_50835677X54XX1587997175725%2C4968ab40-2f04-4eb6-9163-9738969974d2_ROOT

Basketball or nothing – Follow a high school basketball team through their quest to win the state championship and bring pride to their community.

https://www.netflix.com/watch/81028158?trackId=251631834&tctx=0%2C0%2C21645f95-5673-46c4-a2cd-84f12a589f01-579832996%2C41d7c5a8-078e-4bd5-8dca-4e7f2aa3fb74_13116054X28X37378X1587997749135%2C41d7c5a8-078e-4bd5-8dca-4e7f2aa3fb74_ROOT

Cricket

A look back at the summer of 2005 where everyone became a cricket fan. The Ashes is a fiercely contested battle between England and Australia, with the prize being the ultimate bragging rights, and a small urn.

<https://www.channel4.com/programmes/ashes-2005-the-greatest-series/on-demand/70083-001>

Bats, Balls and Bradford Girls - The first all-Asian girls cricket team battle backlash from their local community, sexism and social conformity to play their last ever tournament together. Potentially a useful programme to watch for those who need to know about target groups in sport and barriers to participation.

<https://www.bbc.co.uk/iplayer/episode/p06vfxwh/bats-balls-and-bradford-girls>

Fitness

World Strongest Man 2019 - True story. Mr. Robinson was once a banker for World's strongest man, but he wanted to stick to teaching so he gracefully bowed out. Here are those who stuck with it. <https://www.my5.tv/world-s-strongest-man-2019/season-2019> What's the biggest weight that you can lift?

The London marathon is an annual charity event which in 2009 had just under 43,000 runners and raised over £66 million for a wide range of charities. This is a far cry from the first ever London marathon which took place in 1981 and consisted of just 7,000 runners. <https://www.bbc.co.uk/iplayer/episode/m000hrf7/the-1981-london-marathon-an-historical-first>

Diet is important to any athlete, as the right nutrition can make you faster and stronger and work for longer. Ex footballer Jermaine Jenas tackles the impression that big, strong athletes consume large quantities of meat.

<https://www.bbc.co.uk/iplayer/episode/p07phy2j/football-going-vegan>

Paralympics

A 9-episode series into some of Britain's elite Paralympians <https://www.channel4.com/programmes/sainsburys-and-channel-4-present/on-demand/52278-001>

Channel 4 on demand is the best place for documentaries on Paralympians.

Rugby

All or Nothing: New Zealand All Blacks. An all access look into the hard work into arguably the most successful sports team in history, as they look to protect their legacy.

https://www.amazon.co.uk/gp/video/detail/B07CX77FNK/ref=atv_me_spo_c_vHa2fW_brws_4_6

Racing

Driven - Billy "Billy Whizz" Monger is a 20-year-old F4 driver who was critically injured in 2017, when a collision during a race meant he had to have both legs amputated. Not deterred by this set back, Billy attempts to become the first ever amputee to race in a single seater racing car. <https://www.bbc.co.uk/iplayer/episode/p06qx4gt/driven-the-billy-monger-story>

Watch. Eat. Race. Win – The tour de France.....it's just cycling for a short amount of time, right? Wrong! Look into the excruciating amount of effort that goes into a 21- day bike race across countries.

https://www.amazon.co.uk/gp/video/detail/B07FXWVHLX/ref=atv_me_spo_c_vHa2fW_brws_4_20

Tag

The World Chase Tag Championships 2019 - Yes. Believe it or not, tag is a sport. Here are some highlights from the last world championships. Could you become an elite-level chaser or evader?

<https://www.channel4.com/programmes/world-chase-tag/on-demand/70453-001>

Leadership

Top leaders in their fields of football and F1 respectively speak about what it means and what it takes to be a manager, a leader. Maybe some of you could use this to help a particular sport studies module?

<https://www.channel4.com/programmes/wolff-meets-southgate/on-demand/70372-001>